



THE NEWSLETTER
of the
EAST MIDLANDS ORIENTEERING ASSOCIATION

SPRING INTO SUMMER 2019



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EMEWS

EWS is the newsletter of the East Midlands Orienteering Association. The views expressed in this newsletter are not necessarily those of the East Midlands Orienteering Association, nor of the Committee.

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East Midlands website: www.emoa.org.uk

Copy Date for next issue: **17th June 2019 for next EMEWS**. Contributions are always welcome but especially by e-mail (mikegardvo@sky.com).

Cover - Thanks as usual to Ernie.

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Report on East Midlands Meeting - 19th April 2019

Hypervets in EMOA Urban League - The EMOA Committee have decided that the EMOA Urban League should next year include a Hypervets class for M75+ next year. This is in line with the UK Urban League. This should also help make course 5 at the events quorate for British Orienteering ranking points.

Grants for Juniors - Grants were provided to Ben O'Donnell and Rachel Duckworth to help them attend the World Schools Orienteering Championships in Estonia.

JIRCs - The final payment has now been received for the Junior Inter-Regional Championships that DVO organised on behalf of EMOA. In the end the final accounts aligned very closely to the budget.

EM Junior Squad Event - NOC have agreed to provide the East Midlands Junior Squad with an event at Strawberry Hill in January 2020. The Junior Squad will organise and plan the event and all profits will go towards the Junior Squad.

Status of Accounts - Mark Webster reported that the accounts are still very close to the planned budget for the year. There is a large figure for expenditure on trophies but this covers the 50th anniversary drawstring bags.

Development - There should be a Regional Planners and Controllers Conference in 2020. At this stage we are still looking for a Development Officer. If anyone is interested in taking on the role please let the EMOA Committee know.

English Orienteering Council - Notice of the EOC AGM has been circulated. The AGM takes place at the JK, though due to other commitments it looks like none of the EMOA committee will be able to attend. In addition Hilary Palmer has now stood down as a long term selector for EOC and her place has been taken by Caroline Louth of EAOA.

Future Events:

- (i) **19 May 2019 - Yvette Baker Trophy Heat - DVO - Calke**
- (ii) **23 Jun 2019 - East Midlands Sprint Champs - LOG - Witham St Hugh's**
- (iii) **14/15 Sep 2019 - British Sprints / Middle 2019 - LEI / DVO - Loughborough / Chinley Churn**
- (iv) **8 Dec 2019 - East Midlands Champs - LOG - Grimsthorpe**
- (v) **9 Feb 2020 - Midland Champs 2020 - DVO - Shining Cliff**
- (vi) **10 Oct 2020 - British Schools Score Champs - DVO - Shipley Park**
- (vii) **22 Nov 2020 - East Midlands Champs - LEI - Bradgate**
- (viii) **14 Mar 2021 - CompassSport Cup Round 1 - LEI - Wakerley**
- (ix) **4 Jul 2021 - Yvette Baker Trophy Final 2020 - LEI - Irchester**
- (x) **17 Oct 2021 - CompassSport Cup Final - DVO**

Future Possible Events

- (i) **2021 - East Midlands Champs - DVO**
- (ii) **2022 - Midland Champs - NOC**

Level B Events - Future level B events will now have additional requirements:

- a. The area will need to be embargoed for 12 months (at least)
- b. There must be an out of region controller
- c. A terrain assessment report will need to be submitted and approved by the controller.

Officials for Midland Champs 2020 - DVO submitted the officials for the 2020 Midland Champs to the EMOA Committee, and they were approved. It has also been suggested by the Events Group that they would like to see this as a weekend of events. So NOC and LEI were asked if they could look at organising a sprint, night or urban event to go with the Midland Champs to make a weekend of it.

BO Webinars - Hilary Palmer recommended the webinar on club development that Sal Chaffey had created on 28th March. It will be repeated and she would encourage people to watch it. The webinars should be available via YouTube. You can get an update by registering for all the BO webinars. The BO webinars are available at <https://www.britishorienteering.org.uk/webinars>. The next ones are on Purple Pen and Attracting and Retaining Juniors.

Sharing Best Practice - LOG have run a series of evening training events with the first event hosted at the Lincolnshire Runner Shop to get runners involved. The series has resulted in recruiting a few new members. The only problem may be others want to continue to compete at events but not join BO, but this would be against BO insurance.

Dates and venues for future meetings - All meetings to be held at the Pace Room, St Mary's Church, Clifton Village, Nottinghamshire at 7.30 p.m. The next committee meeting will be on Monday 17th June 2019. The EMOA AGM has been scheduled for September 23rd. All members are welcome to attend committee meetings if they wish to do so.

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Orienteering Foundation Report (Pauline Olivant)

Latest news.

- The Orienteering Foundation is supporting a club to make a booking for training as a Charity to assist with costs.
- The Orienteering Foundation has received 2 very generous donations from individuals.
- The Orienteering Foundation is waiting to hear the outcome of the money raised through the JK.
- "My Donate" is no longer available, so the Orienteering Foundation will use Charities Aid Foundation as main option for individual donations.
- Producing and Banner and leaflets, look out for it at the JK.
- The Orienteering Foundation now have an Ambassadors pack aimed at anyone interested in being a conduit for information between the Foundation and Associations.

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If you would like to read any more about this news or would like to find out more about the Foundations work please see their web site, www.orienteeringfoundation.org.uk or contact me if you would like to discuss anything further.

Pauline Olivant - Trustee Orienteering Foundation - 01623 792336 p.olivant@btinternet.com

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EMJOS Summary Report - April 2019

Past Training

Saturday 8th February - Grinlow (near Poole's Cavern) Buxton, combined training with the West Midlands Junior Squad (5 WMJS and 11 EMJS, plus 7 adults). Chris O'Donnell led the coaching in his back yard! With a warm up following a line course on the map through the steep beech wooded slopes. This was followed by contour only and leg planning across the slopes. The evening was spent running in the night event at SYO Ladies Soring Wood and Beuchief Golf Course. And pizza at the overnight accommodation at Calver Hall. This meant we were in the right location for the DVO Birchen Edge regional event on the Sunday.

Saturday 3rd March - Nottingham University Sprint Training. 10 juniors and 4 adults used the intricate campus to practise the layering up of techniques used at speed for this type of event, such as Day 1 of the JK. Many of the exercises were similar to those used at the Coaching Conference (Jan 2019).

Future Training

13th & 14th April 2019 EMJOS are joining the Yorkshire and Humberside Junior squad (and other squads (NE, NW and WM), 75 athletes in total) for a training session based at Malham (BOC2019 limestone terrain). Three areas of limestone training plus a fast head to head relay back at the hostel.

Selections to Junior Competitions

The selection races at the SYO Northern Championships and the Red Rose weekend (Saturday junior sprint race at Lancaster University and Hams Fell on the Sunday), were well attended by the East Midlands juniors, with a view to sending athletes to the JROS summer tours and hopeful for European races.

Fundraising

EMJOS would like to thank NOC for allowing them to organise, plan and control the event at Strawberry Hill on 5th January 2020. It is a great opportunity to develop their skills both in orienteering and leadership.

Ann-Marie Duckworth

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East Midlands Urban League 2019

The current standings for the EM Urban League for 2019 are shown below. The scoring is the best 4 out of 8 events to count. Only EMOA competitors are shown below:

1	DVO	Derby West / Markeaton Park	01-Jan
2	NOC	Clifton (UKUL4)	12-May
3	DVO	Allestree	16-Jun
4	LOG	East Midlands Sprint Champs – Witham St Hughs	23-Jun
5	LOG	Lincoln (UKUL14)	18-Aug
6	NOC	Worksop	29-Sep
7	LEI	Ashby	13-Oct
8	NOC	Nottingham University	24-Nov



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Junior Men

	Name		Club	best 4	UL1	UL2	UL3	UL4	UL5	UL6	UL7	UL8
1	Benjamin Squire	M16	NOC	100/1	100							
2	Jake O'Donnell	M14	DVO	96/1	96							

Junior Women

	Name		Club	best 4	UL1	UL2	UL3	UL4	UL5	UL6	UL7	UL8
1	None yet											

Open Men

	Name		Club	best 4	UL1	UL2	UL3	UL4	UL5	UL6	UL7	UL8
1	Peter Hodgkinson	M21	NOC	100/1	100							
2	David Schorah	M21	NOC	96/1	96							
3	Anthony Squire	M40	NOC	93/1	93							
4	Chris Millard	M35	DVO	91/1	91							
5	James Rogers	M21	LEI	89/1	89							
6	Andy Glover	M40	LEI	88/1	88							
7	Mike Chapman	M40	LOG	85/1	85							
8	David Clough	M50	DVO	83/1	83							
9	Jake Warwick	M21	DVO	82/1	82							
10	Nick Holland	M35	DVO	78/1	78							

Open Women

	Name		Club	best 4	UL1	UL2	UL3	UL4	UL5	UL6	UL7	UL8
1	Andrea Page	W40	LOG	93/1	93							

Veteran Men

	Name		Club	best 4	UL1	UL2	UL3	UL4	UL5	UL6	UL7	UL8
1	Paul Murgatroyd	M50	LOG	100/1	100							
2	Richard Parkin	M50	DVO	96/1	96							
3	Francesco Lari	M50	DVO	93/1	93							
4	Kevin Swinbourne	M45	LOG	88/1	88							

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5	Andrew Mackervoy	M50	DVO	86/1	86							
6	Andy Parry	M40	DVO	83/1	83							
7	Mark Dalgano	M50	DVO	82/1	82							
8	James Prince	M45	DVO	80/1	80							

Veteran Women

	Name		Club	best 4	UL1	UL2	UL3	UL4	UL5	UL6	UL7	UL8
1	Tanya Taylor	W45	LOG	100/1	100							
2	Helen Parkinson	W50	NOC	96/1	96							
3	Sal Chaffey	W50	DVO	93/1	93							
4	Michelle Mackervoy	W45	DVO	91/1	91							
5	Nicola Hart	W55	DVO	89/1	89							
6	Nicola O'Donnell	W45	DVO	87/1	87							
7	Ann-Marie Duckworth	W50	DVO	86/1	86							
8	Rachel Davis	W50	DVO	85/1	85							

Supervet Men

	Name		Club	best 4	UL1	UL2	UL3	UL4	UL5	UL6	UL7	UL8
1	Andrew Ridgway	M55	NOC	96/1	96							
2	Dave Chaffey	M55	DVO	93/1	93							
3	John Hurley	M60	DVO	91/1	91							
4	Mick Lucking	M60	NOC	89/1	89							
5	Robert Parkinson	M60	NOC	87/1	87							
6	David Vincent	M55	DVO	86/1	86							
7	Philip Caswell	M55	LEI	84/1	84							
8	Andrew Wallace	M60	NOC	82/1	82							
9	Brian Denness	M65	DVO	81/1	81							

Supervet Women

	Name		Club	best 4	UL1	UL2	UL3	UL4	UL5	UL6	UL7	UL8
1	Amanda Roberts	W55	LOG	100/1	100							
2=	Sue Russell	W55	DVO	94.5/1	94.5							
2=	Jane Burgess	W60	DVO	94.5/1	94.5							
4	Ruth Ellis	W65	DVO	90/1	90							
5	Angela Lucking	W55	NOC	88/1	88							
6	Trudy Crosby	W55	LOG	87/1	87							

Ultravet Men

	Name		Club	Best 4	UL1	UL2	UL3	UL4	UL5	UL6	UL7	UL8
1	Michael Napier	M65	NOC	100/1	100							
2	Simon Brister	M70	DVO	91/1	91							
3	Rex Bleakman	M75	DVO	88/1	88							
4	David Booker	M65	NOC	87/1	87							

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5	Jeffrey Baker	M65	LOG	85/1	85							
6	Kevin Gallagher	M70	LEI	83/1	83							
7	Derek Gale	M75	DVO	81/1	81							
8	Peter Leake	M80	LEI	79/1	79							
9	Peter Hornsby	M65	LEI	78/1	78							
10	Dave Skidmore	M70	DVO	74/1	74							

Ultravet Women

	Name		Club	best 4	UL1	UL2	UL3	UL4	UL5	UL6	UL7	UL8
1	Liz Godfree	W70	DVO	96/1	96							
2	Jane Booker	W65	NOC	93/1	93							
3	Christine Middleton	W70	DVO	88/1	88							
4	Pauline Ward	W75	DVO	86/1	86							
5	Maureen Webb	W65	LEI	85/1	85							
6	Jen Gale	W70	DVO	82/1	82							

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East Midlands League 2019

The following are the remaining events planned for the East Midlands League in 2019:

19 th May - Calke Abbey (DVO)	27 th Oct - Longshaw (DVO)
3 rd Nov - Shirebrook Woods (NOC)	17 th Nov - Aylestone Riverside (LEI)
1 st Dec - Allestree Park (DVO)	15 th Dec - Bradgate (LEI)

The intention is to again have 8 scoring events counting towards the league.

The events that have taken place are:

1 - 6 th Jan - Sherwood Forest (NOC)	2 - 13 th Jan - Spring Cottage (LEI)
3 - 27 th Jan - Belton (LOG)	4 - 3 rd Feb - Bramcote Hills (NOC)
5 - 10 th Feb - Birchen Edge (DVO)	6 - 17 th Feb - Beacon Hill (LEI)
7 - 24 th Mar - Crich Chase (DVO)	8 - 7 th Apr - Bagworth (LEI)

White - Male

Name	Club	Age	1	2	3	4	5	6	7	8	9	10	11	12	13	14	scores	Pos.
George Powell	DVO	M10				1000		1000	912								2912	1
Lewis Bones	LOG	M10		1000					1000								2000	2

White - Female

Name	Club	Age	1	2	3	4	5	6	7	8	9	10	11	12	13	14	scores	Pos.
Alice Powell	DVO	W10				1000		958	1000								2958	1

Yellow - Male

Name	Club	Age	1	2	3	4	5	6	7	8	9	10	11	12	13	14	scores	Pos.
Felix Jarvis	LEI	M10		1000			438	568									2006	1

Yellow - Female

Name	Club	Age	1	2	3	4	5	6	7	8	9	10	11	12	13	14	scores	Pos.
Helen Cole	NOC	W50						1000		1000							2000	1
Cerys Glover	LEI	W10			1000	1000											2000	1

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India Turner	DVO	W10				239			1000								1239	3
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Orange - Male

Name	Club	Age	1	2	3	4	5	6	7	8	9	10	11	12	13	14	scores	Pos.
Daniel Glover	LEI	M12		1000		1000				1000							3000	1
Ian Jarvis	LEI	M55						1000		649							1649	2
Josh Bones	LOG	M12		535		559											1094	3

Orange - Female

Name	Club	Age	1	2	3	4	5	6	7	8	9	10	11	12	13	14	scores	Pos.
Robyn Jarvis	LEI	W12		1000			1000	1000									3000	1

Light Green - Male

Name	Club	Age	1	2	3	4	5	6	7	8	9	10	11	12	13	14	scores	Pos.
Ben Glover	LEI	M14		1000	1000	1000		1000									4000	1
Isaac Spencer	LEI	M14		907						1000							1907	2

Light Green - Female

Name	Club	Age	1	2	3	4	5	6	7	8	9	10	11	12	13	14	scores	Pos.
Hannah Mather	LOG	W14	1000	1000	1000	1000	1000	901									5901	1

Short Green - Male

Name	Club	Age	1	2	3	4	5	6	7	8	9	10	11	12	13	14	scores	Pos.
Kevin Gallagher	LEI	M70	837	1000	1000	991		1000	1000								5828	1
Ranald Macdonald	DVO	M65	812			825	790	737	875	831							4870	2
David Anderson	LEI	M75	892	785	791	678		766	759								4671	3
John Woodall	NOC	M75	713			575	406	652	513	677							3536	4
Peter Chick	LEI	M75		812	902	1000	485										3199	5
Andrew Breakwell	NOC	M70	843	674	830			683									3030	6
Tony Berwick	DVO	M75	629		662	635	456		603								2985	7
John Cooke	DVO	M70	794	653	711			734									2892	8
John Palmer	NOC	M70			887	967	679										2533	9
John Pickles	NOC	M65	431		724	397			328	592							2472	10

Short Green - Female

Name	Club	Age	1	2	3	4	5	6	7	8	9	10	11	12	13	14	scores	Pos.
Viv Macdonald	DVO	W65	1000	714		868	970	1000	1000	1000							6552	1
Ursula Williamson	LEI	W55	797	723	854	950	756		885	858							5823	2
Ruth Ellis	DVO	W65	906	698	886	884		737	730	763							5604	3
Pauline Ward	DVO	W75		1000			761	972	875	962							4570	4
Christine Middleton	DVO	W70	873		994	808	930			892							4497	5
Maureen Webb	LEI	W65	649	691	772	763		710	641								4226	6
Ann Armistead	DVO	W70	845			1000	948	873									3666	7
Jen Gale	DVO	W70	706	794			641			805							2946	8
Jane Booker	NOC	W65					1000		986	760							2746	9
Christine Elliott	NOC	W60				900	793			875							2568	10

Green - Male

Name	Club	Age	1	2	3	4	5	6	7	8	9	10	11	12	13	14	scores	Pos.
Paul Morris	NOC	M60	1000	1000			875	1000	1000	932							5807	1

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Derek Gale	DVO	M75	839	679			915	921	976	952							5282	2
Peter Leake	LEI	M75	743	896	875		669	638	649	804							5274	3
Dave Skidmore	DVO	M70	686	690	742	805		711	740	782							5156	4
Jeffrey Baker	LOG	M65	772	713		789	536	767	778	729							5084	5
Simon Ford	LEI	M75		750	907	896	806	824	756								4939	6
Doug Dickinson	DVO	M70	723		1000	888	871	734									4216	7
Andy Portsmouth	LEI	M60	632	681	730	654	611			772							4080	8
Philip Caswell	LEI	M55	435	561	630	506	476	443	412	568							4031	9
Andrew Middleton	DVO	M70	416		954	751	880			1000							4001	10

Green - Female

Name	Club	Age	1	2	3	4	5	6	7	8	9	10	11	12	13	14	scores	Pos.
Amanda Roberts	LOG	W55	937	1000	1000	859	892	1000	965								6653	1
Liz Godfree	DVO	W70	1000			1000	1000	996	1000	1000							5996	2
Jane Dring-Morris	LEI	W50	679	616	742	602		708	655	728							4730	3
Kim Buxton	DVO	W55		706		687	629	711	837	646							4216	4
Joanne Nell	RAFO	W55	833	845	897			816		673							4064	5
Jane Kayley-Burgess	DVO	W60	800	879			697	822		716							3914	6
Margaret Keeling	DVO	W70		663	790	630			643	719							3445	7
Donna Hawkins	DVO	W55	405	600	634		530	521		522							3212	8
Jennamari Terava	DVO	W21		454		525	519	534	631								2663	9
Anne Kayley-Burgess	DVO	W50	476	523		489		578		493							2559	10

Blue - Male

Name	Club	Age	1	2	3	4	5	6	7	8	9	10	11	12	13	14	scores	Pos.
Ian Wilson	LEI	M50	818	863	789	646	839	864		790							5609	1
Andrew Ridgway	NOC	M55	839	885	887	735		903		822							5071	2
John Hurley	DVO	M60	735	715	940	692		738	942								4762	3
Mike Godfree	DVO	M70	940			897		872	1000	1000							4709	4
Simon Brister	DVO	M70	823	961	1000	754				937							4475	5
Dave Denness	LEI	M60	886	1000	767		884			918							4455	6
Andy Sykes	DVO	M50			869	736	907	869		878							4259	7
Murray White	DVO	M50	628	711			641	744	842	673							4239	8
James Prince	DVO	M45	721	734		626	720	705	719								4225	9
Richard Naish	DVO	M50		659	756		597	773	723	671							4179	10

Blue - Female

Name	Club	Age	1	2	3	4	5	6	7	8	9	10	11	12	13	14	scores	Pos.
Tanya Taylor	LOG	W45	865	931	1000	1000	1000	987	1000	1000							7783	1
Imogen Wilson	LEI	W20	1000	1000	766	890	875	1000									5531	2
Esther Revell	LEI	W21		834	685			834	586	694							3633	3
Nicola Hart	DVO	W55	883	925	763					706							3277	4
Sal Chaffey	DVO	W50				962		913		815							2690	5
Kate Lowndes	DVO	W21		759				626		576							1961	6
Anna Barber	LEI	W20		855			736										1591	7

EMEWS

Brown - Male

Name	Club	Age	1	2	3	4	5	6	7	8	9	10	11	12	13	14	scores	Pos.
Alan Le Moigne	DVO	M40	668	826	745	714	648	679	671	639							5590	1
Francesco Lari	DVO	M50	819	979		838	765	667	631	740							5439	2
Richard Robinson	NOC	M35			972	1000	1000	909		952							4833	3
Philip Johnston-Davis	RAFO	M45	682		838	786	823		733	697							4559	4
Andrew Stuart	DVO	M35	692	830	778	745	680	611									4336	5
James Rogers	LEI	M21		855	752	682		732	631	613							4265	6
Andrew Powell	DVO	M35				839	800	780	864								3283	7
Adrian Moseley	RAFO	M50	621	770	691				584	606							3272	8
Richard Parkin	DVO	M50	1000					1000		1000							3000	9
Jake O'Donnell	DVO	M14				968		967	1000								2935	10

Brown - Female

Name	Club	Age	1	2	3	4	5	6	7	8	9	10	11	12	13	14	scores	Pos.
Jenn Gaskell	DVO	W21		1000		1000	1000	1000		652							4652	1

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Fixtures

This fixture list is intended to list all major events in the UK, and all East Midlands events. It includes all the information available to me about the event at the time of going to press. Details on entry are normally available on the club sites. Unless otherwise stated, Local events offer entry on the day (EOD) to a range of colour coded courses with start times from 10:30 to 12:30. Some will provide a wider range of courses than others. Regional events provide colour coded within which age classes can be run. National events provide a range of age related courses and are normally entered in advance.

The OS map reference is either the car park or point from which the event will be signposted. The list is based on BOF registration, but events are sometimes cancelled. If you are uncertain of whether an event will be on, check with the organiser. The editor takes no responsibility for wasted journeys.

May

Sat 11 th	Junior Coaching	Act	LOG	EM	Hartsholme	Lincoln	
Sun 12 th	Regional Event and YHOA School Championships	C	SYO	YH	Canklow Woods	Sheffield	SK433900
Sun 12 th	UK Urban League & EM Urban League 2019	C	NOC	EM	Clifton NW	Nottingham	SK551352
Sun 12 th	Keyne-O, Caldecotte Lake	D	SMOC	EA	Caldecotte Lake	Milton Keynes	
Sun 12 th	WMOA League Event 7 Parkhall	C	POTOC	WM	parkhall country park	Longton	SJ930446
Mon 13 th	Spring Series	D	LOG	EM	South Common	Lincoln	SK977698
Mon 13 th	Monday Night Club	Act	LEI	EM	South Charnwood High School	Leicester	
Tue 14 th	LEI Summer League 3	D	LEI	EM	Grange and Battram Woods	Coalville	SK425093
Wed 15 th	Street 'O'	Act	NOC	EM	Rushcliffe Arena	Nottingham	
Sat 18 th	LOC National Event Weekend	B	LOC	NW	Caw	Lake District	
Sat 18 th	SO "Sunny Sussex" Weekend (1 of 3) - Middle Distance - SW	C	SO	SEOA	Rewell Quarry and Goblestubb's Copse	Arundel	SU982072

EMEWS

	Rewell / Rewell Quarry						
Sat 18 th	SO "Sunny Sussex" Weekend (2 of 3) - Short Urban (early evening) event - Arundel (Regional)	D	SO	SE	Arundel town	Arundel	TQ013068
Sat 18 th	ParkO- Milton Country Park	D	WAOC	EA	Milton Country Park	Milton	
Sat 18 th	Beginner's Event	Act	WCH	WM	Birches Valley Forestry Commission Centre	Rugeley	
Sun 19 th	SO "Sunny Sussex" Weekend (3 of 3) SE League Event - Angmering Park (west), Arundel	B	SO	SE	Angmering Park Estate (west)	Arundel	TQ049075
Sun 19 th	LOC National Event Weekend	B	LOC	NW	Stickle Pike	Lake District	
Sun 19 th	East Midlands League 2019 & YBT Heat	C	DVO	EM	Calke Abbey	Ticknall	SK355240
Sun 19 th	Kings Lynn Urban	C	NOR	EAOA	Kings Lynn Town	Kings Lynn	
Mon 20 th	Spring Series	D	LOG	EM	Ostlers Plantation	Woodhall Spa	TF216628
Mon 20 th	Monday Night Club	Act	LEI	EM	South Charnwood High School	Leicester	
Wed 22 nd	World Orienteering Day Event - John Port School	D	DVO	EM	John Port School - Etwell	Derby	SK267319
Wed 22 nd	LEI Summer League 4	D	LEI	EM	Feanedock	Ashby de la Zouch	SK312161
Sat 25 th	Scottish Orienteering Champs - Individual (UKOL)	B	SOLWAY	SOA	Dalbeattie Forest	Dalbeattie - Dumfries&Galloway	NX836595
Sat 25 th	Springtime in Shropshire 2019 Day 1 Urban Shrewsbury (UKUL & WMUL 2)	B	HOC	WM	Shrewsbury	Shrewsbury	SJ498124
Sat 25 th	Whitworth Park	D	DVO	EM	Whitworth Park	Darley Dale	SK275628
Sat 25 th	Junior Coaching	Act	LOG	EM	Hartsholme	Lincoln	
Sun 26 th	Midlands Championships (UKOL)/Springtime in Shropshire 2019 Day 2	A	HOC	WM	Brown Clee	Bridgnorth	SO610852
Sun 26 th	Scottish Orienteering Championships - Relay	C	SOLWAY	SOA	Drumlanrig Woods	Thornhill, Dumfries & Galloway	NX845990
Sun 26 th	Ripon City - YHOA Urban League	C	CLARO	YH	Ripon	Ripon	
Mon 27 th	York City Race	C	EBOR	YH	York	York	
Mon 27 th	Springtime in Shropshire 2019 Day 3 Middle (UKOL)	B	HOC	WM	The Wrekin	Telford	SJ629081

June

Sat 1 st	Alvaston Park	D	DVO	EM	Alvaston Park	Derby	SK378344
Sat 1 st	Explore the Parks	D	NOC	EM	Wollaton Park	Nottingham	SK530394
Sat 1 st	Beginner's Event	Act	WCH	WM	Birches Valley Forestry Commission Centre	Rugeley	
Sun 2 nd	YHOA Urban League	C	SYO	YH	Rotherham (Wingfield)	Sheffield	SK410949
Sun 2 nd	Keyne-O, Furzton	D	SMOC	EA	Furzton	Milton Keynes	
Sun 2 nd	LEI Summer League 5	D	LEI	EM	Burbage Common	Hinckley	SP447953
Thu 6 th	LEI Summer League 6	D	LEI	EM	Martinshaw Woods	Leicester	SK518070
Sat 8 th	Coventry Weekend of	B	OD	WM	Warwick University	Coventry	

EMEWs

	Orienteering (UKOL)						
Sat 8 th	Holmebrook Valley Park	D	DVO	EM	Holmebrook Valley Park	Chesterfield	SK355730
Sat 8 th	Tadcaster Urban Event	C	EBOR	YH	Tadcaster	Tadcaster	SE487432
Sat 8 th	Junior Coaching	Act	LOG	EM	Hartsholme	Lincoln	
Sat 8 th	Beginner's Event	Act	WCH	WM	Birches Valley Forestry Commission Centre	Rugeley	
Sun 9 th	Coventry Weekend of Orienteering (UKOL) (UKUL)	B	OD	WM	City of Coventry	Coventry	
Mon 10 th	LEI Summer League 7	D	LEI	EM	Donisthorpe Woodland Centre	Ashby de la Zouch	SK318141
Sat 15 th	BOK Blast Day 1 (UKUL)	B	BOK	SW	University of the West of England	Bristol	ST620781
Sat 15 th	ParkO- Wimpole Estate	D	WAO	EA	Wimpole Estate	Arrington	
Sat 15 th	Carsington Pastures 50th Anniversary Event - Closed Event - DVO Members only	D	DVO	EM	Carsington Pastures	Wirksworth	SK245548
Sat 15 th	Explore the Parks	D	NOC	EM	Bramcote Hills Park	Nottingham	SK505380
Sun 16 th	Allestree Urban Event, EMUL 2019	C	DVO	EM	Allestree	Derby	SK352408
Wed 19 th	LEI Summer League 8	D	LEI	EM	Outwoods	Loughborough	SK514159
Wed 19 th	Street 'O' Training	Act	NOC	EM	East Markham	Retford	
Sat 22 nd	YHOA Urban League Middle Distance (p.m)	C	HALO	YH	Gainsborough Town	Gainsborough Town	
Sat 22 nd	YHOA Sprint Championships (a.m.) and YHOA Urban League	C	HALO	YH	Gainsborough Park Springs	Gainsborough	
Sat 22 nd	Hall Leys Park	D	DVO	EM	Hall Leys Park	Matlock	SK297600
Sun 23 rd	East Midlands Sprint Champs 2019 and East Midlands Urban League 2019	C	LOG	EM	Witham St Hughs	Newark	SK893624
Thu 27 th	LEI Summer League 9	D	LEI	EM	Leicester Castle and the Newarke	Leicester	
Sat 29 th	Darley Park	D	DVO	EM	Darley Park	Derby	SK353384
Sat 29 th	Explore the Parks	D	NOC	EM	Rushcliffe Country Park	Ruddington	SK575320
Sat 29 th	Saturday Series 9	D	SYO	YH	Graves Park	Sheffield	SK357826

July

Tue 2 nd	LEI Summer League 10	D	LEI	EM	Beacon Hill	Loughborough	SK521148
Wed 3 rd	Lincolnshire Urban League 2 - Cleethorpes	D	HALO	YH	Haverstoe Park	Cleethorpes	
Sat 6 th	Carsington Stones Island	D	DVO	EM	Carsington Stones Island	Wirksworth	SK244514
Sun 7 th	Yvette Baker Trophy Final	A		EA	Sandringham	Kings Lynn	
Sun 7 th	Carsington Stones Island (day 2)	D	DVO	EM	Carsington Stones Island	Wirksworth	SK244514
Wed 10 th	LEI Summer League 11	D	LEI	EM	Market Bosworth Country Park	Market Bosworth	SK411031
Sat 13 th	WCH Anniversary WMOA Urban League 5	B	WCH	WM	Tamworth Town Centre	Tamworth	
Sat 13 th	Staunton Harold	D	DVO	EM	Staunton Harold	Ticknall	SK377245

EMEWS

	Reservoir				Reservoir		
Wed 17 th	Lincolnshire Urban League 4 - Willows and Freshney	D	HALO	YH	Willows and Freshney	Grimsby	
Wed 17 th	Street 'O' Training	Act	NOC	EM	The Vale Public House, Arnold	Nottingham	
Thu 18 th	LEI Summer League 12	D	LEI	EM	Ashby Urban	Ashby de la Zouch	SK355160
Sat 20 th	Foremark Reservoir	D	DVO	EM	Foremark Reservoir	Ticknall	SK336248
Tue 23 rd	LEI Summer League 13	D	LEI	EM	Evington Park and Arboretum	Leicester	SK628021
Sun 28 th	Scottish 6Days - Strathearn 2019 - Day 1	B	MAROC	SOA	Auchingarrich	Comrie	NN794197
Mon 29 th	Scottish 6Days - Strathearn 2019 - Day 2 (UKOL)	B	ECKO	SOA	Edinchip	Locheearnhead	NN589237
Tue 30 th	Scottish 6Days - Strathearn 2019 - Day 3	B	ESOC	SOA	Dundurn & Cnoc a' Mhadaidh	St.Fillans	NN702236
Wed 31 st	Scottish 6Days - Strathearn 2019 - UKUL Sprint	C	Masterplan Adventure	SOA	Macrosty Park, Crieff	Crieff	NN858221
Wed 31 st	LEI Summer League 14	D	LEI	EM	Memorial Park	Shepshed	SK477195
Wed 31 st	Lincolnshire Urban League 6 – Louth	D	HALO	YH	Louth Centre	Louth	

August

Thu 1 st	Scottish 6Days - Strathearn 2019 - Day 4	B	CLYDE	SOA	Culteuchar & Dron	Forgandenny	NO085176
Fri 2 nd	Scottish 6Days - Strathearn 2019 - Day 5	B	TAY	SOA	Craig a'Barns	Dunkeld	NO006468
Sat 3 rd	Scottish 6Days - Strathearn 2019 - Day 6 (UKOL)	B	GRAMP	SOA	Grandtully	Grandtully	NN925528
Sat 3 rd	Wolds' Mini-Mountain Marathon	D	LOG	EM		Horncastle	
Thu 8 th	LEI Summer League 15	D	LEI	EM	Cademan and Thringstone Woods	Whitwick	SK436167
Sat 10 th	Swadlincote Woodlands	D	DVO	EM	Foremark Reservoir	Swadlincote	SK305193
Sun 11 th	Buckingham Urban	C	SMOC	EA	Buckingham	Buckingham	SP698340
Tue 13 th	LEI Summer League 16	D	LEI	EM	Markfield	Leicester	SK485105
Sat 17 th	Race the Castles in Yorkshire (UKOL) / YHOA Superleague	B	SYO	YH	Mam Tor	Castleton	
Sat 17 th	Rosliston Forestry Centre	D	DVO	EM	Rosliston Forestry Centre	Swadlincote	SK243174
Sun 18 th	East Midlands Urban League 2019/Race the Castles (UKOL)	B	LOG	EM	Lincoln City	Lincoln	
Mon 19 th	Race the Castles in Yorkshire - Urban Sprint	C	EPOC	YH	Thornes Park	Wakefield	
Tue 20 th	Race the Castles in Yorkshire - Indoor Sprint and Park Sprint	C	AIRE	YH	Bradford Grammar School & Lister Park	Bradford	SE151355
Wed 21 st	Knaresborough Castle - Race the Castles in Yorkshire - Urban Middle	C	CLARO	YH	Knaresborough	Knaresborough	

EMEWs

Wed 21 st	LEI Summer League 17 & Presentations	D	LEI	EM	Castle Hill Country Park	Leicester	SK554083
Wed 21 st	National Trust Try O'	D	DVO	EM	TBC	TBC	
Thu 22 nd	Race the Castles in Yorkshire - Urban Score	C	HALO	YH	Beverley	Beverley	
Fri 23 rd	Race the Castles in Yorkshire - Middle distance	C	CLOK	NE		Whitby	
Sat 24 th	Race the Castles in Yorkshire - White Rose	B	EBOR	YH		Scarborough	
Sun 25 th	Race the Castles in Yorkshire - White Rose and YHOA Superleague	B	EBOR	YH		Scarborough	
Mon 26 th	White Rose Relays	B	EBOR	YH		Scarborough	
Wed 28 th	National Trust Try O'	D	DVO	EM	TBC	TBC	

September

Sun 1 st	TVOC UKUL Urban Event	C	TVOC	SC	Thame	Thame	
Sat 7 th	Fat Rascal Weekend Sprint Event/YHOA Urban League	C	AIRE	YH	Colton and Temple Newsam	Leeds	SE360323
Sun 8 th	Fat Rascal Weekend Urban Event/YHOA Urban League	C	AIRE	YH	Leeds City Centre	Leeds	
Sat 14 th	British Sprint Championships (UKOL)	A	LEI	EM	Loughborough University	Loughborough	
Sun 15 th	British Middle Distance Championships (UKOL)	A	DVO	EM	Chinley Churn	Chapel-en-le-Frith	SK035836
Sat 21 st	City of London Race	B	SLOW	SE		London	
Sat 28 th	Caddihoe Chase Day 1 - SWOA SW Long Champs	B	DEVON	SW	Burrator	Yelverton	SX553658
Sun 29 th	Caddihoe Chase Day 2 - Chasing Start	B	DEVON	SW	Burrator	Yelverton	SX553658
Sun 29 th	East Midlands Urban League 2019	C	NOC	EM	Worksop	Worksop	

October

Sat 5 th	EuroCity Race Tour - Everton Brow	B	DEE	NW	Everton Brow	Liverpool	SJ350925
Sat 5 th	Autumn in Anglia Day 1: West Harling	C	SUFFOC	EA	West Harling	Thetford	
Sun 6 th	European City Race Tour - Liverpool	B	SELOC	NW	Liverpool City Centre	Liverpool	
Sun 6 th	WMOA League Event 8 Oldacre Valley	C	WCH	WM	Oldacre Valley	Stafford	
Sun 13 th	YHOA Championships and YHOA Superleague	B	SYO	YH	Wombwell	Sheffield	
Sun 13 th	East Midlands Urban League 2019	C	LEI	EM	Ashby Urban	Ashby	SK359170
Sat 19 th	Regional Urban Event	C	HALO	YH	Hessle and Humber Bridge	Hessle	
Sun 20 th	CompassSport Cup Final	A	MV	SE	Pippingford Park	Crowborough	
Sat 26 th	Cambridge City Race 2019	B	CUOC	EA	Cambridge	Cambridge	
Sat 26 th	October Odyssey day 1 urban	B	NATO	NE	Hexham	Hexham	
Sat 26 th	East Midlands League 2019	C	DVO	EM	Longshaw	Sheffield	SK265799